



Year 10 Psychology Curriculum Plan

Key concept/ Key question	Overview of the unit	Assessment	Cross Curricular Skills	Suggested reading material and websites:
Criminal psychology	<p>Why do certain people become criminals and how can we stop them? These are fundamental questions that we explore through the following sections:</p> <ul style="list-style-type: none"> Defining crime and how we gather crime statistics Theories of crime: social learning theory and Eysenck's personality theory Research into this topic from both Cooper and Mackie and Haven Application: how can we use this knowledge to help make punishment and rehabilitation of criminals more effective? 	<p>This topic will be assessed as part of the first GCSE paper in the following ways:</p> <ul style="list-style-type: none"> Multiple choice questions Short-answer questions Essay questions (8 and 13 marks) 	<p>Numerical: data interpretation and graph analysis are always integral to studying psychology</p> <p>Analysing research and their ability to evaluate a study links with students' practical science skills</p> <p>Critical thinking skills will be developed through comparing and evaluating the theories of crime</p> <p>Literacy skills will be developed through analysing sources and writing clear extended answers</p>	<p>The OCR textbook and related revision guides will also help as well as the example papers on the OCR website.</p>

<p>Sleep and dreaming</p>	<p>Why do we sleep? Why do we dream?</p> <p>In this topic we will explore:</p> <ul style="list-style-type: none"> • The functions of sleep • The stages of sleep • The neuroanatomy of sleep (e.g. which areas of the brain are associated with sleep?) • Theories of dreaming: Freudian and the activation synthesis explanations • Freud's research on dreaming • Applying these ideas to the treatment of sleep disorders 	<p>This topic will be assessed as part of the first GCSE paper in the following ways:</p> <ul style="list-style-type: none"> • Multiple choice questions • Short-answer questions • Essay questions (8 and 13 marks) 	<p>Numerical: data interpretation and graph analysis are always integral to studying psychology</p> <p>Analysing research and their ability to evaluate a study links with students' practical science skills</p> <p>Critical thinking skills will be developed through comparing and evaluating the theories of crime</p> <p>Literacy skills will be developed through analysing sources and writing clear extended answers</p>	<p>The OCR textbook and related revision guides will also help as well as the example papers on the OCR website.</p>
<p>Development</p>	<p>How do babies' brains develop and what are the different stages they go through? How do we learn and can we improve the way we learn?</p> <ul style="list-style-type: none"> • Stages of cognitive development • Piaget's theory of learning and development, contrasted with Dweck's ideas of growth/fixed mindset • Research to support both of these ideas • The application of these ideas to our own education system and how it can be used to improve classroom experience 	<p>This topic will be assessed as part of the first GCSE paper in the following ways:</p> <ul style="list-style-type: none"> • Multiple choice questions • Short-answer questions • Essay questions (8 and 13 marks) 	<p>Numerical: data interpretation and graph analysis are always integral to studying psychology</p> <p>Analysing research and their ability to evaluate a study links with students' practical science skills</p> <p>Critical thinking skills will be developed through comparing and evaluating the theories of crime</p> <p>Literacy skills will be developed through analysing sources and writing clear extended answers</p>	<p>The OCR textbook and related revision guides will also help as well as the example papers on the OCR website.</p> <p>The old specification papers may also be helpful on some elements of this topic</p>



<p>Psychological problems</p>	<p>What is a mental health problem? How common are they? What are the different types? How can we help people with mental health problems?</p> <ul style="list-style-type: none"> • Defining and categorising mental health problems • Explaining schizophrenia from both a social and biological angle • Explain depression from cognitive and evolutionary perspectives • Application of these ideas to therapy – how can we better help people cope with these conditions? 	<p>This topic will be assessed as part of the first GCSE paper in the following ways:</p> <ul style="list-style-type: none"> • Multiple choice questions • Short-answer questions • Essay questions (8 and 13 marks) 	<p>Numerical: data interpretation and graph analysis are always integral to studying psychology</p> <p>Analysing research and their ability to evaluate a study links with students' practical science skills</p> <p>Critical thinking skills will be developed through comparing and evaluating the theories of crime</p> <p>Literacy skills will be developed through analysing sources and writing clear extended answers</p>	<p>The OCR textbook and related revision guides will also help as well as the example papers on the OCR website.</p> <p>The old specification papers may also be helpful on some elements of this topic</p>
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